

DIY Fabric Face Mask



Today I thought it might be a good idea to get started making face masks for ourselves and for our family. The government has recommended that we all wear masks in confined spaces like shops and public transport. These masks are a very simple design and will provide limited protection.



Step 1 Cut two pieces of fabric 9 x 9 inches square. I think it is best to choose fabric with a close weave. Hold it up to the light and make sure there is not too much light coming through. Cut two pieces of elastic 7 inches in length.



Step 2 The elastic is going to be attached to the four corners as shown in the photo above. Instead of pinning the elastic, it is simple to place it in as you sew. It should be placed a quarter of an inch from the top and bottom edge. Place the right sides of the two pieces of fabric together with the elastic sandwiched between.



Step 3 Using a quarter of an inch seam allowance stitch all the way around the outside edge leaving about a two-inch-wide opening along one of the long sides.

Step 4 Turn the mask right side out through the opening. Gently pulling on the elastic will help to get the corners neat. Press, avoiding the elastic or the heat of the iron may melt the elastic.



Step 5 Make three pleats evenly on each side. The depth of the mask should now be reduced to 3.5 inches. Pin the pleats in place and pin the opening closed. Topstitch all the way around the mask twice.