

SIMPLE APRON



Today we are going to make an apron using a tea towel. All you need for this project is, a tea towel, about 2m of 4cm wide tape and two rings.

Step 1 cut about 15cm of tape and thread through the two rings, aligning the raw edges. Sew across the tape as close to the rings as you can manage.



Step 2 Make the pocket. I used a leftover piece of tea towel from last weeks project but you can use any piece of fabric you like and you can make it any size you choose. My pocket is 18x23cm. Fold over the top edge 1cm then another 1cm. Press and then sew the hem in position. With the wrong side of the pocket up, fold in the other three raw edges 1cm.

Step3 Pin the pocket on the apron just wherever you would like it to be and sew round the three edges, leaving the top open. NB the top edge of the apron is the long edge, make sure you get the pocket on the right way up.

Step 4 Now comes the tricky bit. We are going to make pleats at the top of the apron. The first thing to do is to mark the centre of the top edge. You can use an erasable pen to make your marks or just stick a pin in. Place a mark 14cm either side of your central mark, then place another five marks 3cm apart on either side. Make three pleats on each side by folding one mark on top of the next one. The folds should face away from the centre. Sew along the top edge to hold the pleats in place.



Step 5 Take your length of tape and iron in half along its length. Align its centre with the centre at the top of the apron. Fold it over the top edge to encase the top of the apron. Insert the tape with the rings attached under the tape about 10cm from the left hand side. Starting at the centre sew across the front through all the layers of fabric, carry on stitching to the end of the tape. When you reach the ends of the tape fold the raw edges in and stitch down. Go back to the centre and stitch in the opposite direction.



All that is left to do now is to put that apron on and start baking cake!